



September 2017

FIRST LUTHERAN CHURCH The PULSEBEAT

Dear faithful First family and friends,
Greetings in the Name of Christ!

Summer 2017 is ending. And with that ending, it means that children and teachers head back to a new school year. Many of you are returning from vacations and travel. Even as we bid “farewell” to our summer minister of music, Bill Engel, this past Sunday (August 27), we welcome Jared Jacobsen back from his time of ministry and music in New York. Seasons come and go even as people come and go. As this summer ends, we hope for cooler weather after a rather hot summer. And we look forward to a more regular rhythm after a more relaxing summer.

As I thought about that, I am looking forward to this upcoming autumn. In October, we Lutherans arrive at a rather significant event in our collective lives: the 500th Anniversary of the Reformation. What began as an emphasis to reform the Church of Martin Luther’s day ended up birthing a new movement that bears his name. We, as members of First Lutheran Church in San Diego, are inheritors of Luther’s bold protest and a testimony of his courage. And we, as members of First Lutheran Church in San Diego, even share a more intimate connection with Martin Luther as one of his direct descendants, Rev. Edwin Wagner, was our founding pastor. You can see his family tree in our church office.

As we begin this next stage in our life, I wanted to share these words from the prophet Jeremiah: “I know the plans I have in mind for you, declares the Lord; they are plans for peace, not disaster, to give you a future filled with hope. When you call me and come and pray to me, I will listen to you. When you search for me, yes, search for me with all your heart, you will find me.” (Jeremiah 29:11-13 Common English Bible). I love these words for they are words full of a hope and assurance. These are words that give us the promise that God sustains our days, weeks, months, years, and even centuries. As Lutherans, we have been blessed with (an approaching) 500 years of hope and I look forward to where the future of our Lutheran lives will take us.



Peace and Joy,
Rev. Darryl W. Kozak
Intentional Interim Pastor

September Birthdays

- | | |
|---------------------|----------------------|
| 1: Rose Couchman | 13: John Hoff |
| 2: Dan Altenburg | 14: David Pohl |
| 3: Penny Corrigan | 16: Jim Lewis |
| 3: John Tozer | 18: Colleen Howard |
| 4: Katie Jensen | 19: Richard Phillips |
| 5: Susan White | 23: Will Pierce |
| 6: Phillip Valencia | 23: Luke Williams |
| 7: Matthew Reyda | 24: Mark Stuart |
| 7: Andrew Sheldon | 24: Marlene Garich |
| 8: Meg Davis | 24: Gary Spears |
| 9: Jennifer Siverts | 24: Jacob Alli |
| 9: Carol Schultz | 27: Michael Pannasch |
| 10: Karen Boyd | 28: Owonda Epiphany |
| 12: Karen Kearns | 29: Douglas Diepholz |



A Cabbello Performs Salzburg:

the Music of Mozart, Schubert, and *The Sound of Music*

Many of you might know that Pastor Darryl sings with *A Cabbello*, a newly formed vocal band in Palm Springs of 16 men, who perform sacred, classical, opera, gospel, and jazz. **Their next concert is Sunday, November 12 at 3:00pm and 7:00pm at The Bank in downtown Palm Springs.** This concert features music of Mozart, including selections from his *Requiem* and *German Mass*, as well as pieces by Schubert. They will also sing songs from Rogers and Hammerstein’s timeless musical *The Sound of Music*. *A Cabbello* will be joined by virtuoso violinist, and Julliard and USC graduate, Katherine Cash. For more information, please speak with Pastor Darryl or visit www.acabbello.org.



Council Update: *Our Deepest Fear*

by Carol J. Schultz, Council Secretary

The Council began its August meeting with a devotion that included a reflection by Marianne Williamson titled *Our Deepest Fear*. It's an inspirational piece that reassures each of us when we face situations that seem overwhelming. In part, it reads as follows:

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light not our darkness, that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are you not to be? You are a child of God... We were born to manifest the glory of God that is within us.

With this reflection as encouragement, the Council focused on the following issues:

1. **Budget and finances.** By carefully managing expenditures, First Lutheran continues to operate within its 2017 budget. Whenever possible, the Council is using funds donated for specific purposes like repairing the broken stained glass pane in the sanctuary.
2. **Website.** Council members are writing the content for the consultant (White Wonder Studios) who is developing First Lutheran's website on a WordPress platform. A key feature of this new platform is ease of updating. We're planning new features so please forward any photos you would like to contribute to the website to Hannah DeMers, Office Administrator.
3. **Property.** Just like at your home, it's always something! In addition to the broken stained glass pane, the circulation system for the baptismal pool has begun to leak and has been turned off for repair. On a positive note, new exterior lighting is in hand so look for an announcement about that installation soon.
4. **Congregation membership.** One of the goals the Council identified in January was to add congregation members. Pr. Darryl Kozak is starting a new members class in September with the objective of welcoming six new members in early October.
5. **TACO relationship.** The Council continues to work with the TACO Board to document the unwritten understandings affecting employees of First Lutheran and TACO and use of First Lutheran's facilities. This effort is important because the two organizations work in such close proximity and because First Lutheran anticipates welcoming a new pastor who won't have a historic perspective to inform him or her.
6. **Nursery attendants.** Beginning in August, First Lutheran is hiring one Panda Agency nursery attendant per Sunday to keep costs down and is asking congregation members to fill the other attendant slot on a rotating basis. The children's safety mandates two attendants because, although no one likes to think about the possibility of child abuse, it happens. Currently, Congregation responses are inadequate to fill the available slots. If you can help, please notify Hannah DeMers, Office Administrator.
7. **Bishop's Gathering.** On Sunday, October 22, 2017, Bishop Andy Taylor will meet with San Diego rostered and lay leaders from 2:00-4:30 PM at Clairemont Lutheran Church, 4271 Clairemont Mesa Boulevard. Stay tuned for details as they become available.

As Council members, we appreciate that you are (in the words of Marianne Williamson) brilliant, gorgeous, talented, and fabulous, and we are honored to work on your behalf. Please let us know your questions and comments on matters that you care about.

2017 Council Officers:

President: Kathryn Kanaan

Vice President: Dan Kjonggaard

Treasurer: Kem Taylor

Secretary: Carol Schultz

Council Members:

Mark Deffner, Joe DeMers, Anke Hartung, Sylvia Herman, Dick Krueger, Carol McGrath, and Aaron Robinson.

God's Peace to you all,

Your 2017 Council



Urgent Notice from Lutheran Disaster Response

"For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord."

- Romans 8:38-39



Dear friends,

Hurricane Harvey, one of the most powerful storms to hit the United States in years, made landfall last night, threatening millions of our neighbors in Texas and Louisiana with heavy rain, wind and rising tides.

The National Hurricane Center called the storm's effects "life-threatening, devastating and catastrophic" and predicted long periods of rain and flooding, along with massive power outages. While many have evacuated, significant damage is still expected, and thousands of people may be housed in shelters for extended periods of time.

We have an opportunity to accompany our neighbors during and after this disaster, in Jesus Christ's name.

Your gifts are needed now to help those affected by Hurricane Harvey. Your support through Lutheran Disaster Response will bring hope and healing to those who have been or will be affected by this hurricane. Lutheran Disaster Response is already collaborating with our affiliates to initiate recovery efforts.

While the storm is not over, you can help now. Gifts designated for "Hurricane Response - United States" will be used in full until the response is complete to help disaster survivors recover and rebuild.

Stay connected to the latest events and our response to this and other disasters through our Facebook page. You may donate through your congregation, or go to <http://www.elca.org/en/Our-Work/Relief-and-Development/Lutheran-Disaster-Response/Our-Impact/US-Hurricane-Relief> to donate online.

With gratitude,

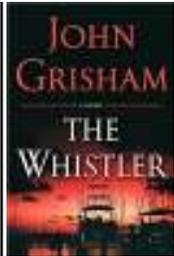
The Rev. Daniel Rift
 Director, ELCA World Hunger and Disaster Appeal
 Evangelical Lutheran Church in America

ELCA Coaching and You

Did you know that, in addition to being an ordained minister in the ELCA, Pastor Darryl is also in the process of becoming an ELCA Coach? As part of this process, Pastor Darryl is available to coach members of First Lutheran Church. There are no fees for this work as it is part of Pastor Darryl's call to First Lutheran Church and to the Pacifica Synod. So, what is coaching and specifically, what is coaching in the ELCA?

First and foremost, coaching is about serving Christ and Christ's mission in the world. Have you ever wished for a companion who would help you sort through the maze of ministry and myriad tasks that confront you every day? Ever wish you had a colleague who would actively listen and reflect back what they heard you saying and, in so doing, enable you to crystalize your thinking? Ever desire to be more effective in how you go about your day and/or ministry in the Church? If so, then having a coach may be for you. Coaching is an interactive process between three people: the coachee, the coach, and the Holy Spirit. Coaching trusts the Holy Spirit will guide, enlighten, and empower the process of self-discovery, marshal the needed resources to accomplish what is desired, and empower the change to achieve the desired results. Coaching is about growth, change, and results. It believes that the answers to what you are seeking lies within yourself. The task of the coach is to draw those out by creating the opportunity for the "ah-ha" moments of discovery.

Coaching is NOT mentoring, counseling, or consulting. A coach does not try to tell you what do to. Instead, the process is driven by a trusting relationship between the coachee and the coach, drawn out by the powerful questions the coach asks. If this is something you wish to explore, please reach out to Pastor Darryl, who would be happy to answer any questions.



Book Group Notes

We expect our judges to be honest and wise. Their integrity is the bedrock of the entire judicial system.

We trust them to ensure fair trials, to protect the rights of all litigants, to punish those who do wrong, and to oversee the flow of justice. But what happens when a judge bends the law or takes a bribe? This month's selection, *The Whistler* by John Grisham, takes a hard look at judicial misconduct, and its consequences.

Join us for a lively discussion on Thursday, September 21, 7:00PM when we meet in the Community Room of Susan White's condo. Carol Schultz and Francie Montgomery will host. New people are welcome to start at anytime!

Back to School... and Sunday School!

Sunday School begins September 10 at 11:00AM. The children rejoin the worshipping congregation during the Passing of the Peace. As in the past, ages 4-7 (*3-yr-olds welcome with a parent*) will meet in the Lounge, and ages 8 -12 will meet in the Library. Beth & Joe Slevcove will start off teaching the littlest ones, followed by Martha Radatz. Kara Oien will teach the upper grades. Assistants are still needed for the older children. Please let Marie Ruth know if you are willing to help out occasionally.

Our Sunday School uses the *Feasting on the Word* curriculum, an ecumenical resource based on the Revised Common Lectionary published by John Knox Westminster Press. The children's lessons follow the rhythm of the church year and, in particular, the Biblical lessons that are read in church each Sunday, making it easy for families to learn and live out their faith together.

From the Call Committee:

The Call Committee is meeting & being trained by the Synod office in preparation for the first round of candidates. You may submit a name to the Call Committee chairman, Lori Gremel

(Lgremel@yahoo.com), and she will send it up to the Synod Office to be vetted as a possible candidate.

The call committee has been asked to keep its process confidential so members will not be able to share information about "how it is going." Pray for us as we pray for our process to bring us our new Pastor.

In case you'd like to read ahead, at our August meeting, new books were selected through July 2018 (we do not meet during Advent and Lent):

Oct 19, 2017: *Killers of the Flower Moon* by Daniel Grann

Nov 16, 2017: *Commonwealth* by Ann Patchett

Jan 18, 2018: *The Devil in the White City* by Erik Larson

Feb. 25, 2018: *A Piece of the World* by Christina Baker Klein

April 19, 2018: *Sisters in Law* by Linda Hirshman

May 17, 2018: *Sandcastle Girls* by Chris Bohjalian (One Book One San Diego)

June 21, 2018: *The Latehomecomers* by Kao Kalia Yang

July 19, 2018: *The Witch of Lime Street* by David Jaher

Stained Glass Windows: Repair & Restoration

Work began on the repair and restoration of stained glass window panels in the sanctuary on August 15th. One of the upper panels in the chancel area was damaged last spring by some type of projectile from the outside. In the cleaning and evaluation of the other stain glass panels, it was discovered the top panel of one of the middle rows was severely bowing because of weathering and sun exposure. The second panel was removed for restoration work as well.

Verre Designs and JC Construction were chosen to do the work. Lisa Maywood, owner of Verre Design, specializes in custom stained glass and restoration work as well as teaches stained glass making. She was the person who restored the old stained glass sections rediscovered from First's original 1893 church building that were restored and placed in light boxes in the library room as part of the 125th Anniversary celebrations and projects in 2013. JC Construction is assisting Verre Design in the removal, replacement, and installation of plexiglass protective sheets over the exterior of the windows.

The project is being supervised and assisted by Dan Kjonegaard and Richard Phillips.





Volunteers Needed

Volunteers are the lifeblood of the church. Without our volunteers, many of the tasks we feel are vital to the fellowship of the church would never happen. But lately, people haven't been stepping up. The same volunteers are being asked to do everything, and it's starting to wear them down. We've had to cancel the church picnic because not one single person volunteered to help out in any way. And the congregation's Christmas party seems to be heading the same direction.

Volunteering doesn't have to be a large thing. You can volunteer to be a worship assistant—we need more ushers, greeters, and altar guild members for both services, especially the 11:00 service. We need people to sign up to bring refreshments. You don't have to do it alone, ask a friend to split the task with you! We need volunteers in the nursery to keep our kids safe. Even minor tasks like folding the *Pulsebeat* are done by volunteers!

If you have questions about what's involved in each task, you can ask anyone who has done it before, or even contact the church office and ask Hannah. There are job descriptions available for the worship assistant positions done Sunday mornings.

You may remember that the Transition Team asked everyone to think of ways that they will help the new pastor when we call one. But it's not just the new pastor that needs help. And many tasks can't wait until we get a new pastor.

We are also approaching Stewardship season—the time when the church council starts making the budget for next year, and asks the congregation how they are going to help out, specifically in regards to giving. But stewardship is not just about money—it's about the dedication of your energy, your time, your prayers - all your resources. It's about promising to step up when help is needed, promising to pray faithfully for the Lord to lead us in serving Him in this time and in this location. It's about showing up for activities, volunteering to provide cookies for coffee hour or for the synod assembly; singing in the choir; attending congregational meetings. It's about being physically, mentally, and spiritually present and available to this church.

I saw an interesting article online this week that I would like to share with you because I think it says it better than I can:

Our church was saddened to learn this week of the death of one of our most valued members, Someone Else. Someone's passing creates a vacancy that will be difficult to fill. Else has been with us for many years and for every one of those years, Someone did far more than a normal person's share of the work.

Whenever there was a job to do, a class to teach, or a meeting to attend, one name was on everyone's list, "Let Someone Else do it"; Whenever leadership was mentioned, this wonderful person was looked to for inspiration as well as results; "Someone Else can work with that group."

It was common knowledge that Someone Else was among the most generous givers in our church. Whenever there was a financial need, everyone just assumed Someone Else would make up the difference.

Someone Else was a wonderful person; sometimes appearing superhuman. Were the truth known, everybody expected too much of Someone Else. Now Someone Else is gone! We wonder what we are going to do. Someone Else left a wonderful example to follow, but who is going to follow it? Who is going to do the things Someone Else did?

When you are asked to help this year, remember—we can't depend on Someone Else anymore.

Favorite Hymns Art Show

What is one of your much loved hymns? What images, colors or feelings does it evoke for you? Our next art show will be just that: work inspired by a favorite hymn and you are invited to join the celebration with an original interpretation in any medium that can be safely displayed in the lounge or printed in a bulletin (for instance, a poem).

Many of you are creating artwork for our upcoming show and, if you haven't begun yours, it's not too late! We will hang the show on Sept. 7. Participation forms are in the narthex.



First Lutheran Worship Assistants – September & October

ALTAR GUILD		USHERS	
SEPTEMBER 9:00 a.m. Service <i>Erika Fekas</i> 11:00 a.m. Service <i>Ladonna Piper</i>	OCTOBER 9:00 a.m. Service <i>Dorothy Hunter</i> 11:00 a.m. Service <i>Ladonna Piper</i>	SEPTEMBER 9:00 a.m. Service <i>Ruthann Maxwell & Carol McGrath</i> 11:00 a.m. Service <i>Anke Hartung & Melinda Person</i>	OCTOBER 9:00 a.m. Service <i>Sharon Province & John Hoff</i> 11:00 a.m. Service <i>Penny Corrigan & Luke Williams</i>

Date	Time	Assisting Minister	Lector	Greeters	Refreshments	Flowers
September 3	9:00 11:00	Richard Phillips Mary Ann Horton	Jeremy Kaercher Joe Slevcove	John Hoff Slevcoves		
September 10	9:00 11:00	Eric Sloniker Gary Muhlback	Dennis Arenas Lee Wesley	Pat Hendrickson Elizabeth Connolly		Blair Siverts
September 17	9:00 11:00	Jeremy Kaercher Beth Slevcove	Paul Engel Luke Williams	George & Ethel Falk Ruth Clayton		
September 24	9:00 11:00	Chuck Leib Paul Finneseth	Marjorie Wahlsten Robin Withers	Frank DeLouise & Chuck Leib _____		
October 1	9:00 11:00	Brian Shuman Luke Williams	Kem Taylor Joe Slevcove	John Hoff Slevcoves		Marjorie Wahlsten
October 8	9:00 11:00	Frank Jessie Mary Ann Horton	Eric Sloniker Elizabeth Connolly	Marjorie Wahlsten Elizabeth Connolly		
October 15	9:00 11:00	Nate Pratt Robin Withers	Brian Shuman Nancy Eckert	Kem Taylor Ruth Clayton	TACO	TACO



September 2017 Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9 am Acupuncture 9 am Bread Day 9 am UCSD Clinic 12 pm AA	2
3 13TH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality	4 LABOR DAY (OFFICE CLOSED) 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics	5 12 pm AI Anon	6 9 am Acupuncture 12 pm AI Anon 1:15 Bible Study 5 pm Dental Clinic 6:30 Bible Study	7 12 pm AI Anon	8 9 am Acupuncture 9 am Bread Day 9 am UCSD Clinic 12 pm AA	9 9 am Volunteer Landscaping
10 14TH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality	11 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics	12 12 pm AI Anon	13 9 am Acupuncture 12 pm AI Anon 1:15 Bible Study 5 pm Dental Clinic 6:30 Bible Study	14 12 pm AI Anon 1 pm HICAP	15 9 am Acupuncture 9 am Bread Day 9 am UCSD Clinic 12 pm AA	16 4 pm Youth Beach Bonfire
17 15TH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality	18 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics	19 12 pm AI Anon 6:30 pm Church Council	20 9 am Acupuncture 12 pm AI Anon 1:15 Bible Study 5 pm Dental Clinic 6:30 Bible Study	21 12 pm AI Anon 1 pm HICAP	22 9 am Acupuncture 9 am Bread Day 9 am UCSD Clinic 12 pm AA	23
24 16TH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality 3:00 German Svc	25 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics	26 12 pm AI Anon	27 9 am Acupuncture 12 pm AI Anon 1:15 Bible Study 5 pm Dental Clnc 6:30 Bible Study 6:30 Creative Spirits	28 12 pm AI Anon 1 pm HICAP	29 9 am Acupuncture 9 am Bread Day 9 am UCSD Clinic 12 pm AA	30

Monday evening clinics include acupuncture, medical, dental, and legal services.

The PULSEBEAT
is a publication of
First Lutheran Church
Edited by Hannah DeMers

Serving Downtown San Diego Since 1888
1420 Third Avenue
San Diego, CA 92101-3193
(619) 234-6149
www.firstlutheransd.org

First Lutheran Church
The Rev. Darryl W. Kozak, Intentional Interim Pastor
Jared Jacobsen, Director of Music
Hannah DeMers, Church Administrator

First Lutheran Church
A *Reconciling in Christ* congregation since 1989
Deadline for next month's Pulsebeat is **the 15th, noon.**

The Pulsebeat
First Lutheran Church
1420 Third Avenue
San Diego, CA 92101-3193

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You Are Invited!!

PACIFICA WOMEN
OF THE ELCA



30th Annual Convention & Gathering
November 3 – 4, 2017

Keynote Speaker:
Pastor Meghan Johnston Aelabouni

“Love Fully



Live Fully”

Calvary Lutheran Church
Solana Beach, CA

More details on FB/website
(www.pacificawomenoftheelca.org)

You may also get a copy of the registration form from the church office.

**Artists, Crafters, Small Business
Retailers...**

Looking for a place to market your creations and products? Why not consider being a VENDOR at the Pacifica Women of the ELCA Convention, November 3-4, 2017, at Calvary Lutheran Church, Solana Beach. To qualify for a space you must be a member of an ELCA congregation. There is no fee for use of the space; however a donation will be much appreciated. Contact Jackie Severa at jsevera67@gmail.com or [760-464-2309](tel:760-464-2309) for an application form. (Space is limited.)



First Lutheran Church - the Heart of Christ in the Heart of the City