



July 2018

FIRST LUTHERAN CHURCH The PULSEBEAT

Dear faithful First family and friends,

It's July already, and although the weeks of summer are often filled with vacations, relaxation, and backyard BBQs, in the church we continue to gather as a community to celebrate the abundant life from God. And as I think of July, I thought I would continue my journey through our liturgical, i.e., church calendar. For not a month goes by without recognizing beloved Saints of the Church. With that introduction, now to our ongoing liturgical report...



July gives us three Lesser Festivals to celebrate in our worship life. The first one is **Saint Thomas, Apostle (July 3)**. Thomas, also called Doubting Thomas or *Didymus* (meaning "Twin"), was one of the Twelve Apostles of Jesus. He is best known for disbelieving Jesus's resurrection when first told of it, then proclaiming "My Lord and my God" on seeing Jesus as recorded in Saint John 20:28. He was perhaps the only Apostle who went outside the Roman Empire to preach the Gospel. He is also believed to have crossed the largest area, which includes the Persian Empire (which became Iran) and India. Originally, his date in the Liturgical Calendar was December 21, which was celebrated during the season of Advent. However, history tells us that his relics (which could be his remains or some item he touched or owned) were translated (a word meaning "moved" or "transferred" from one locale to another) on July 3. So, this date has become the new date to remember Saint Thomas.

Our next Saint is **Mary Magdalene, whose Festival is July 22**. Known as the "Apostle to the Apostles," she was the first to witness the miracle of the resurrection of Christ and then told the other Apostles. There has been much confusion as to what her "job" was. Regrettably, she was thought to have been a prostitute, but this is inconclusive from the Gospels themselves. She was also a prominent subject matter in Dan Brown's fictitious *The DaVinci Code*; there is no proof that she was the wife of Jesus as Dan Brown purports. One key thing, though, about her was that she was one of the women who witnessed the crucifixion of Jesus. You may recall that all the male disciples, with the exception of John the Beloved (brother of James, who I'll get to soon), fled and hid. The women were less fearful. And it was the women who went to the tomb to anoint the body of Jesus, only to hear that "He is not here. He is risen just as He said." She is a Saint to certainly celebrate and the subject matter for one of our studies led by Sylvia Herman this past Lent.



Finally, July gives us **Saint James, Apostle, July 25**. He, too, was one of the Twelve Apostles of Jesus and the brother of John the Beloved, who was the only man at Jesus's crucifixion (mentioned above). James is also known as James the Greater, to distinguish him from James Alphaeus, who is called James the Less. James the Greater and his brother John were called, according to Saint Mark's Gospel, *Boanerges* or the "Sons of Thunder." We read about these two Apostles as Saint Luke records in chapter 9:54-55: *When [Jesus's] disciples James and John saw [that the townspeople rejected Jesus], they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them.* Quite impulsive and "thunderous," don't you think? The Acts of the Apostles records that Agrippa I (or Agrippa the Great) had James the Greater executed by the sword (Acts 12:1-2).

Again, as you journey this month of July, perhaps you may wish to pause on these days to remember these forebears of the faith, who were companions of our Lord and witnesses to the teachings and miracles of Christ. May our Lord bless you this summer and grant you...

Peace and Joy,
The Rev. Darryl W. Kozak
Intentional Interim Pastor



Upcoming 10:10s

At the June Council meeting, we discussed topics for future 10:10 meetings. Possibilities were based upon suggestions by congregation members, events that are approaching and a recent seminar that was attended by myself and some staff members.

The **first** 10:10 will be held on July 29. The format will be an open table discussion of the following two questions:

1. How have churches throughout your life helped you grow in your faith (or not)?
2. How do you need this church to help you grow in your faith right now?

The **second** 10:10 will be held in August with a date yet to be determined. The subject will be new outreach possibilities. Information that was gathered and included in the Ministry Site Profile showed that there was interest in increasing outreach opportunities. This 10:10 will be to identify those that have the highest level of interest and feasibility.

The date for the **third** 10:10 will likely be in September and will focus on disaster preparedness and the need to develop a plan. Pastor Darryl, Hannah DeMers, Jim Lovell, and I recently attended a one-day seminar hosted by the San Diego Interfaith Disaster Council that highlighted the need for churches to have plans for disaster preparedness and active shooters. Highlights from the seminar will be presented and volunteers will be requested to help build a plan for First Lutheran. Some team members will be asked to attend a September one-day workshop that the Pacifica Synod is conducting titled "How to Create a Safety Plan for Your Church."

Respectfully submitted,

Richard Krueger
Council President

Corrected Time for First Holy Communion Class for Children



Last month, we announced that Pastor Darryl and Martha Radatz would be leading a class for parents who desire to have their children receive their first Holy Communion. The day is the same, Saturday, July 28, but the time has changed. We will now be meeting from 9:00am-11:30am. This class is for all children ages 4-9 years old. Should you have more than one child who may not fit in this age category, you may certainly bring them so long as you are willing to watch them. If you have an older child, he or she may assist.

During our gathering, Pastor Darryl will meet with parents for a bit to discuss the theology of Holy Communion and, in particular, why we welcome our young children to commune at First Lutheran. During this same time, Martha Radatz will be baking Communion bread with the children (that bread will be used at Holy Communion the next day). All those who have not received their First Holy Communion will commune the following day, Sunday, July 29, at the 11:00 a.m. service. Those children who have already received communion are invited, of course, to participate in all the activities.

Please know that the decision at what age a child is to commune at First Lutheran is left entirely to the parents. Should you prefer your child not to commune, that is your prerogative. If you have questions or concerns, Pastor Darryl would be happy to discuss this with you. You may call/text him at 619-990-4589 or email him at pastordarryl@firstlutheransd.org. Finally, if you plan on your children receiving First Holy Communion on July 29, please let Hannah DeMers, our Church Administrator, know in advance so their names can appear in the July 29 bulletin. You may contact her at administrator@firstlutheransd.org.

Church Cell Phone Numbers

Pastor Darryl: 619-990-4589

Hannah: 619-977-2646

Church Email Addresses

Pastor Darryl: pastordarryl@firstlutheransd.org;

Hannah/Church Office: administrator@firstlutheransd.org



San Diego Pride Parade

The annual Pride Parade is on Saturday July 14th, and First Lutheran will be marching in support of our LGBTQ friends and family. We have a large contingent of walkers already signed up, but we always have room for more. It's always a fun and rewarding day, so add your name to the list of walkers today. We will be wearing specially designed T-shirts which have been ordered for those who submitted sizes. The cost is \$20 each. Please place payment in the offering plate with checks payable to First Lutheran Church in an envelope with notation "Pride Shirt." Shirts can be picked up at the July 8th 10:10 or on the morning of the parade. We ordered a limited number of extra shirts so if you didn't get a chance to order and would still like one, please contact Allison Emery at 619-507-2445 or email her at allison.emery@icloud.com.

The San Diego Pride Parade's theme this year is *Persist with Pride*. We will be handing out postcards along the route, designed by Bill Radatz, with First Lutheran's tag line "Persist With Pride; Resist Intolerance." We are planning to have a viewing area along the parade route for those unable to walk with us. There will be a shuttle service from the church parking lot to the parade location. You must sign up for that service. There are several sign-up sheets in the lounge area pertaining to the Pride Parade. Please take a look.

*There will be a 10:10 for all those participating in the parade on **SUNDAY JULY 8TH**. This is an important meeting; if you're planning to go to the parade you should plan to attend.* This year we will also have a small reception after the parade in a convenient Hillcrest location. Contact a Pride Committee person to learn more about ways you can help.

Want to know more? Have questions? Contact a committee person: Frank DeLouise, Joe DeMers, Chuck Leib, Susan White, Sylvia Herman, Debby Hays, and Allison Emery will be happy to tell you more.

Hello San Diego Religious and Faith Leaders -

On behalf of San Diego Pride and Dean Penny Bridges of St. Paul's Episcopal Cathedral, we invite you to participate in the following interfaith events for Pride 2018. This year's Pride Interfaith theme is *Persist with Faith, Persist with Pride*.

Your congregations are welcome to the Light Up the Cathedral, an Interfaith Pride Celebration on Wednesday, July 11.

UPCOMING EVENTS

Pride Interfaith Celebration - Light up the Cathedral, Wednesday, July 11

Meet at 7:00 p.m. at St. Paul's Episcopal Cathedral on 5th Avenue for an Interfaith Pride Celebration beginning at 7:15 p.m., culminating in the Lighting of the Cathedral at 8:00 p.m., followed by a lemonade reception. The San Diego Women's Chorus and the San Diego Gay Men's Chorus will be celebrating in song with us, as well as a performance group from the San Diego Creative Arts Performance Academy will be joining our celebration of faith and Pride.

Keynote Speaker: Nicole M. Garcia, transgender candidate for ordination in the Evangelical Lutheran Church in America. Nicole shared her story recently in the New York Times series *Transgender Lives*.

Blessing of the San Diego LGBT Pride Parade, Saturday, July 14

Meet at 10:00 a.m. at the DMV parking lot in Hillcrest on Normal Street and Lincoln Avenue. Join us as we bless the 2018 Pride Parade at 10:30 a.m. at the Rainbow Flag Pole located at University Ave and Normal St.

Please use this link to register for the above events: <https://form.jotform.com/70945857080969>

Please feel free to share this link with LGBTQ Faith Leaders and Allies.

If you have any questions, please do not hesitate to contact me.

Bob Leyh
Programs Manager
San Diego LGBT Pride
W: 619-297-7683 X-101; C: 858-210-0987



Welcome Madelyn Ann Tozer!

On June 3, Madelyn Tozer was baptized at the 9:00 service.

Madelyn is the daughter of John & Kim Tozer, and younger sister of Zoey.



So Long, Farewell...

This past May, we said farewell to several members who moved away.

Kevin Vallone and Leon Stevens (*right*) moved to Bakersfield, CA. Despite the heat, they seem to be settling in there—even found a new faith community!



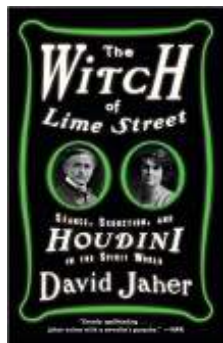
Jim Campbell (*left, with Pastor Darryl*) is moving to Phoenix, Arizona, to be closer to family—but with a stop in Lake Tahoe first!

Summer Projects for Adoption

There are several projects that are available for adoption to help keep First Lutheran's facilities in good repair.

- Remove candle wax from upholstery and carpet in sanctuary
- Shampoo carpets
- Wash interior windows in narthex and library
- Touch up dinged paint on interior walls
- Clean out and organize library books in library
- Clean parking lot of litter, weeds and debris

A full list of projects available for adoption is posted on the kiosk in the lounge, or by contacting Facilities Committee members Richard Phillips, Dick Krueger, or Kathryn Kanaan.



Book Group Notes

The 1920's was an era of fevered yearning for communion with the spirit world, after the loss of tens of millions in the First World War and the Spanish Flu epidemic. This precipitated a tidal wave of self-proclaimed psychics. In 1924, a woman simply known as Margery to her followers, became the nation's most credible spirit medium, and reporters dubbed her The Witch of Lime Street. Our book selection for this month,

The Witch of Lime Street by David Jaher, describes an investigation of Margery by scientists from Scientific American Magazine and several universities, whose group also included the famous magician Henry Houdini. This extraordinary account culminates in the showdown between Houdini and the Witch of Lime Street, and not only deepens our understanding of a fascinating era, but engages us with the timeless question: Is there life after death?

We will meet for discussion and fellowship on Thursday, July 19, 7:00 p.m., at the home of Carol McGrath. Please join us!

Looking ahead: A mystery! *Maisie Dobbs* by Jacqueline Winspear. Good summertime reading!

July Birthdays

| | | | |
|---------------------|--------------------|----------------------|--------------------|
| 1: Nancy Eckert | 9: Connor Fekas | 16: Kristine Krueger | 26: Felice Wilcox |
| 1: Timothy Rupe | 11: Dennis Arenas | 17: Peggy Quintana | 27: Melinda Person |
| 2: Marty Topp | 13: Elizabeth Moss | 20: Nicole Wilcox | 30: Jason McKay |
| 4: Audrey Altenburg | 14: Franz Engel | 26: Ethel Falk | 30: Niyana Wilcox |
| 6: John Pew | 16: Linda Bright | 26: Allena Slevcove | |



ELCA News from Living Lutheran

Last week, more than 350 ELCA clergy and lay people sent a letter titled #MoreThanStatements to ELCA Presiding Bishop Elizabeth Eaton and the ELCA Church Council encouraging the church to take bold public action on family separation and detention on the U.S. border. (Similar letters were also sent to the Presbyterian Church (U.S.A.), the Cooperative Baptist Fellowship and The Episcopal Church).

Advocacy and border visits

The ELCA through ELCA Advocacy encouraged leaders and members to participate in the June 30 mobilization planned by Families Belong Together. Some state events are being sponsored by ELCA Advocacy state public policy offices. Through AMMPARO (Accompanying Migrant Minors with Protection, Advocacy, Representation and Opportunities), ELCA leaders have also been asked to write op-eds on the topic for their local media, many of which have been published.

Last week at the ELCA Youth Gathering, many leaders spoke boldly about family separation and detention. In the AMMPARO/Lutheran Disaster Response space at the Gathering's interactive center, youth were invited to sign advocacy cards, which will be sent to their representatives. Synods have also organized related advocacy events and rallies.

AMMPARO staff have also made two visits to different sectors of the southern border in the last two months, connecting to ELCA AMMPARO congregations and connected ministries in both the McAllen/Laredo area of Texas, as well as Tijuana, Mexico. Those relationships allowed an ELCA congregation to provide accompaniment after Claudia Gomez Gonzalez, a young Guatemalan woman, was killed by a U.S. Customs and Border Protection officer.

"The ELCA is committed to working with organizations and faith communities at the border and is planning an ecumenical border visit in the next several months," said Eaton. "However, it is important that we work with those on the ground to ensure that we are accompanying border communities and not imposing upon them."

Individuals have been encouraged to visit the border through Igelsia Luterana Cristo Rey, an ELCA congregation in El Paso, Texas, that organizes border-immersion experiences.

The ELCA collaborates on strategy with Lutheran Immigration and Refugee Service (LIRS), the National Immigration Law Center, Mijente and the New Sanctuary Coalition. The ELCA and LIRS' history of support and collaboration has helped ensure that AMMPARO is able to accompany children and families.

Through ELCA Advocacy, the ELCA is a member of the Interfaith Immigration Coalition, a group of approximately 50 faith-based organizations that advocate together for compassionate immigration policies. The ELCA also belongs to other national coalitions that engage in immigration work at all levels, both secular and faith-based. "While this work is not always visible, it is key to the work we do as a church," said Eaton.

Among the ELCA tools in place for congregations to engage in the political process is the ELCAvotes initiative, which equips communities to register people to vote and to continue engagement in the political process.

New Member Classes

Have you been considering officially becoming a member of First Lutheran Church? If so, Pastor Darryl will be leading a **new members' class on the following Sundays: August 5, 12, and 19.** Classes will be held in the Chapel from 12:30 to 1:30 p.m. **The new members will officially join on Sunday, August 26.** During the classes, Pastor Darryl will discuss the history of Lutheranism and its primary theology. He will also share information about First Lutheran Church, its history, and ways to get more involved with our congregational life. Please note that attendance at each class is required.

If you have any questions, or wish to enroll in the classes, please contact Pastor Darryl no later than July 30 so we can have necessary resources ordered and available. You may reach him at pastordarryl@firstlutheransd.org. Or you may call the church office at 619-234-6149 or text/call Pastor's cell at 619-990-4589.

Blessings to you as you pray about becoming a member of First Lutheran Church!

Photography Show

Sophia Lovell is excited to present her photography show beginning July 5. Featured pieces include a five piece series titled, "In Faith" of black and white double exposure film photographs, which were created for a school art exhibition, alongside a few color digital photographs.

Checking In

If you've noticed that someone who usually comes to church hasn't been seen in a while, please consider either contacting them yourself, or let a member of the council know. We want to be sure that no one gets lost in all of the changes that have been happening here at First!



First Lutheran Worship Assistants – July & August

| ALTAR GUILD | | USHERS | |
|------------------------------------------------|---------------------------|-----------------------------------------|---------------------------------------|
| JULY | AUGUST | JULY | AUGUST |
| 9:00 a.m. Service | 9:00 a.m. Service | 9:00 a.m. Service | 9:00 a.m. Service |
| <i>Marjorie Wahlsten & Billie Thompson</i> | <i>Carol McGrath</i> | <i>Ruthann Maxwell & Kem Taylor</i> | <i>Russ & Heidi Hoxie</i> |
| 11:00 a.m. Service | 11:00 a.m. Service | 11:00 a.m. Service | 11:00 a.m. Service |
| <i>Melinda Person</i> | <i>Ladonna Piper</i> | <i>Ruth Clayton & Ladonna Piper</i> | <i>Marty Topp & Luke Williams</i> |

| Date | Time | Assisting Minister | Lector | Greeters | Nursery Attendants | Flowers |
|-----------|---------------|-----------------------------------|-------------------------------------|-------------------------------------------|--------------------|-------------------|
| July 1 | 9:00 11:00 | Frank Jessie Mary Ann Horton | Jeremy Kaercher Jim Lovell | John Hoff Melinda Person | _____ _____ | _____ |
| July 8 | 9:00 11:00 | Frank Jessie Luke Williams | Dennis Arenas Nancy Eckert | Pr. George & Ethel Falk Marlene Garich | _____ _____ | Ladonna Piper |
| July 15 | 9:00 11:00 | Brian Shuman _____ | Ronn Garton Martha Radatz | Shaun Travers Ruth Clayton | _____ _____ | Melinda Person |
| July 22 | 9:00 11:00 | Nate Pratt Paul Finneseth | Paul Engel Matthew Eckert | Kathy Boeckelman Elizabeth Connolly | _____ _____ | Marjorie Wahlsten |
| July 29 | 9:00 11:00 | Kathryn Kanaan Mary Ann Horton | Frank Jessie Luke Williams | Jim & Jessica Friedrich Melinda Person | _____ _____ | Pat Hendrickson |
| August 5 | 9:00 11:00 | Richard Phillips Luke Williams | Kem Taylor Joe Slevcove | John Hoff Slevcoves | _____ _____ | Gartons |
| August 12 | 9:00 11:00 | Jan Neuhaus Beth Slevcove | Eric Sloniker Elizabeth Connolly | Rebecca Kjonegaard Marlene Garich | _____ _____ | _____ |



July 2018 Calendar of Events

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------|------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------|-----------|
| 1 SIXTH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality | 2 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics | 3 12 pm AI Anon | 4 9 am Acupuncture 12 pm AI Anon | 5 12 pm AI Anon | 6 9 am Acupuncture 9 am Bread Day 12 pm AA | 7 |
| 8 SEVENTH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 10:10 Pride Mtg 11 am Worship 12:10 Hospitality | 9 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics | 10 12 pm AI Anon | 11 9 am Acupuncture 12 pm AI Anon | 12 12 pm AI Anon 1 pm HICAP 6:30 TACO Board | 13 9 am Acupuncture 9 am Bread Day 12 pm AA | 14 |
| 15 EIGHTH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality | 16 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics | 17 12 pm AI Anon 6:30 pm Church Council | 18 9 am Acupuncture 12 pm AI Anon | 19 12 pm AI Anon 1 pm HICAP | 20 9 am Acupuncture 9 am Bread Day 12 pm AA | 21 |
| 22 NINTH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality | 23 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics | 24 12 pm AI Anon | 25 9 am Acupuncture 12 pm AI Anon | 26 12 pm AI Anon 1 pm HICAP | 27 9 am Acupuncture 9 am Bread Day 12 pm AA | 28 |
| 29 TENTH SUNDAY AFTER PENTECOST 9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality 3 pm German Svc | 30 12 pm AA 4 pm Free Meal 5:30 pm Evening Clinics | 31 12 pm AI Anon | | | | |

Monday evening clinics include acupuncture, medical, dental, and legal services.

The PULSEBEAT
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Serving Downtown San Diego Since 1888
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First Lutheran Church
 The Rev. Darryl W. Kozak, Intentional Interim Pastor
 Jared Jacobsen, Director of Music
 Hannah DeMers, Church Administrator

First Lutheran Church
 A *Reconciling in Christ* congregation since 1989
 Deadline for next month's Pulsebeat is **the 15th, noon.**

The Pulsebeat
First Lutheran Church
1420 Third Avenue
San Diego, CA 92101-3193

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Matthew 25 Grant Update

As we reported back in January, First Lutheran applied for—and received!—funds from the Matthew 25 Grant to help the hungry, homeless, and others in need through the Pacifica Synod. We received \$750, which was used to purchase 28 sleeping bags, to be handed out to our patio guests by TACO.

Thanks again to Martha DeMers, who applied for this grant for First Lutheran, and to Kathryn Kanaan, who did the research to decide which sleeping bags to order. The bags were ordered and received in June, and have



already started making a difference in the lives of those who need them the most!

“Homeless Treasures” Is History!

June 23, able volunteers, eager customers, and thousands of donated “treasures” came together to create the 8th annual Homeless Treasures Rummage Sale at Clairemont Lutheran Church. Over \$6500 was raised for TACO in six hours, despite gray, moisture-laden skies and winds that threatened to blow our canopies away!

Many thanks to all who volunteered in one capacity or another, to all those who donated treasures, and to all those who came out to shop.



Volunteers help wrap up “Homeless Treasures” for another year, wearing their “Live Generously” T-shirts, courtesy of Thrivent Financial.



First Lutheran Church - the Heart of Christ in the Heart of the City