



September 2019

# FIRST LUTHERAN CHURCH The PULSEBEAT

## Friends in Christ, grace to you and peace

Thank you for the kind, warm and heartfelt welcome extended to Colleen, Analiese, and me last Sunday. Despite your grief over the death of beloved Jared, a time when most people tend to close off and shut down, you opened your arms wide and embraced us in joy. Thank you.

Below you will find several expressions of love and gratitude for Jared. They are written by Pastor Wilk and Pastor Daryl. His loss is deeply felt.

Two events are coming up for you to be aware. This Sunday, September 8, there will be a special 10:10 led by Beth Slevcove and Pat Lindquist who will lead us through our personal and collective experience of grief. Then on September 29 at 10:00 there will be a joint worship service so



that we might host a community-wide Memorial Service to remember, rejoice, and formally commend Jared to God's eternal care.

### Mark Your Calendar

Pastor Kurt's Installation service is scheduled for Sunday, October 20.

I am honored to be here in these days of God's grace.

Peace,  
Pastor Kurt

### From Pastor Darryl:

Along with countless others, I'm mourning the death of my dear friend Jared Jacobsen. During my 2+ years serving as the interim pastor at First Lutheran Church in San Diego, I had the honor and privilege of working with this amazingly talented, funny, and thoughtful musician and child of God. Johnny and I enjoyed when he played on the Spreckels Organ at Balboa Park.

He is also the only person I know who saw *Star Wars* on the opening day, May 25, 1977!

Back in the late 1970s to early 1980s, Jared was one of the Balboa Park Civic Organists, and, coupled with his leadership at First Lutheran Church, other churches, the Chautauqua Institute, and so many other places, Jared literally has played and been heard by thousands and thousands of people. Yet he was such a humble and loving man, and I will miss him immensely.

I pray for the good people at First Lutheran, who were awaiting his return to the organ bench even as they are welcoming their new pastor. May God comfort this congregation. And may God comfort all whom Jared touched in his years of giving to others the gifts God gave him! And he shared his music just as J.S. Bach used to write on his manuscripts: "Soli Deo Gloria"—to God alone be the glory! Jared, my friend—my brother—you will be missed!

"Rest eternal grant Jared, O Lord, and let Light Perpetual shine upon him."



### From Pastor Wilk:

How shocked Dagmar and I are to receive word of Jared Jacobsen's death in a car accident.

We pray for Jared's family, the Chautauqua community where he directed the religious music program for many years, and for the dear people of First Lutheran Church-San Diego where he served as the Director of Music for many years (and I served with him as pastor 2005-2016).



May God bless all those who grieve Jared's untimely death and may they find surprising peace in giving thanks for his remarkable musical skills that made worship such a life-giving experience.

As Jared is entrusted into God's almighty arms, may all who loved him rest assured that he now joins the angels in the heavenly chorus.



## Council Update: "Grace Bats Last"

by Carol J. Schultz, Council Secretary

In August, I was privileged to present the devotion that begins each Council meeting. As I thought about the many topics and resources I could explore, I remembered a favorite quote from writer Anne Lamott, "Grace bats last." Lamott uses this expression to give encouragement when events are daunting, and Rev. Susan Sparks wrote an article in the Huffington Post that expanded on the baseball analogy inherent in Lamott's phrase. Rev Sparks concluded, "When you're surrounded by doubters, and the bases are loaded, and you find yourself facing curve balls and sliders, remember that the jeering crowd can't touch you, or define you, because you are part of a team where grace bats last." (To read the entire article, go to [https://www.huffpost.com/entry/grace-bats-last b 7064622.](https://www.huffpost.com/entry/grace-bats-last-b-7064622))

**Pastoral Transition.** Pr. Rich Ajer gave his last report to the Council as First Lutheran looks forward to the arrival of its settled pastor, Pr. Kurt Christenson, on September 1, 2019. In addition to summarizing preparations for his next interim call in San Bernardino, CA, Pr. Rich offered the the following words. "In looking at our time together, let me begin by saying I like First Lutheran Church! The ministry and mission of both First and TACO are well known and respected. Downtown would not be nearly as gracious as it is without the presence of First and TACO. As I continue as an interim pastor, I am requesting to leave my membership here, with the hopes of one day returning after retirement and being a more present and active member of the church."

**Financial Report.** After seven months, First Lutheran's actual revenues are more than \$58,000 less than actual expenses even though expenses are almost \$17,000 less than budgeted. (Remember, the adopted budget anticipated a \$50,000 deficit.) Although we are fortunate to have sufficient reserves to sustain operations and payroll at the present, they are finite. An ad hoc committee is analyzing ways to further decrease expenses in the short run. Keeping a tight rein on expenses has helped First Lutheran's bottom line, and the current mortgage will be paid off in October 2019. However, belt-tightening and mortgage satisfaction produce only temporary relief because we have been deferring necessary maintenance projects that will need to be done.

**Council Seats.** At the end of 2019, three Council seats will become open, and the congregation will elect members to fill those seats at its annual meeting in December. Please let any Council member know if you are interested. Council members are volunteers who serve three-year terms. They meet monthly to ensure fulfillment of the church's mission and provide legal accountability for its operations. And Council members whose schedules allow meet for dinner before each meeting to laugh together, too.

**Upcoming Events.** Mark your calendars now for these events.

- Sept. 15 (Sunday) – Bishop Andy Taylor will meet with representatives of San Diego congregations at Carlton Hills Lutheran, 9735 Halberns Blvd., Santee, CA. Clergy will meet at 2:00-4:30 pm and lay persons will meet at 3:00-4:30 pm. Let Susan White know if you'd like to attend.
- Oct. 13 (Sunday) – Choir!Choir!Choir! is gathering people on both sides of the border at Border Field Park to sing together; no experience required. It's free but the organizers request your registration. Lots more information is at this web link. <https://www.eventbrite.com/e/choir-choir-choir-with-artpower-at-uc-san-diego-registration-64179261900>
- Oct. 20 (Sunday) – At 2:00 pm, Bishop Andy Taylor will preside at a special service to install Pr. Kurt Christenson as pastor of First Lutheran Church.

As you can see, Council members handle a wide variety of leadership and operational matters. Representing the interests of our fellow congregation members is a privilege and a responsibility we take seriously. We invite you to share your questions, concerns, or appreciation with any Council member.

### 2019 Council Officers:

President: Dick Krueger

Vice President: Frank DeLouise

Secretary: Carol Schultz

Treasurer: Kem Taylor

Financial Secretary: Anke Hartung

### Council Members:

Kara Oien, Melinda Person, Marjorie Wahlsten, and Susan White.

God's Peace to you all,

Your 2019 Council



*“Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. —2 Corinthians 13:11*

Dear Friends in Christ,

These short four months as your bridge pastor have been a blessing in so many ways. The love and support for the mission of our Lord is evident among you. I have appreciated the time with you in worship, in one-on-one conversations, at special events (like the Pride parade) and in feeling a part of the First and TACO communities.

As I leave this bridge call, I urge your prayers and support for Pastor Kurt Christenson. I know with him you will begin to write a new sacred and hope-filled chapter of being First Lutheran Church, the heart of Christ in the heart of the city. We are in year 131 of this marvelous mission and work together. Wow. In this brief time with you as a bridge pastor I have learned that being a pastor in this setting is both rewarding and challenging. Every day of the week there are a variety of types of programs, with very different attendees, all on the same campus here at Third and Ash. I know Pastor Christenson will benefit as I have, by your love and by your prayers for him and his family.

In going forward, I will pray for you. My new address going forward will be:

Pastor Rich Ajer  
200 E. 30th St.  
San Bernardino, CA 92404  
720-612-0125  
ajerrich@gmail.com

Margy (my spouse) is continuing to work as an assistant to the bishop in the Metropolitan New York Synod of the ELCA. A new bishop there was elected in May and began his work on August 1. We will know more about her work and transition status down the road. Our eventual plans are (Spirit willing) to return to the San Diego area. Should that all pan out as we envision, perhaps one day I will join with the other fine retired clergy who have found a home here.

A special thanks to the staff and leaders of the church that I have worked most closely with here at First Lutheran and TACO: Dick, Jim, Hannah, Wayne, Jared, and Bill, and others who continue to offer so much of their time in service to our Lord. And to each of you, a heartfelt thank you. It has been a privilege to serve among you this summer of 2019.

Sincerely in Christ,  
+ Pastor Rich Ajer

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## Facilities Focus: Restroom Wall Repair & Painting Needs

During the winter rains, a leak was detected above the ceiling in the women's restroom off the narthex. The cause of the roof leak was quickly addressed but the water that dripped through damaged the wallboard and wall insulation. To prevent the growth of mold and mildew, the church retained a professional firm to remove any water damaged wallboard and treat the wooden studs. A drywall contractor has been retained to replace and resurface sections of missing drywall in the restroom and re-texture a smaller area in the lounge that had prior wall surface damage. The contractor is schedule to begin the work the week of September 23, and will last a few days.



In order to save funds, the contracted repairs do not cover priming and re-painting of the walls in either room. Sponsors are needed help finance retaining a professional painter to re-paint the rooms or purchase paint and supplies for a future work party. Keeping the church facility in good repair is good stewardship. The many ministries and services provided by FLC and partner ministries are conducted from our modest and heavily used facility. If you are interested in supporting the painting project please note on any donation or if interested in joining a future painting party complete an “adopt a project” slip located on the information kiosk and turn into the office.



## Update on Asylum-Seeking Family

First Lutheran's congregation raised funds during the Lenten season to pay the legal fees for a family of 6 being housed at a fellow ELCA Lutheran church while they went through the asylum process. The next to last hearing (called the Master Hearing) was held on August 22, and they were cleared to go the final hearing in November 2020. 12 months is normal between the Master and final hearings, but extra time has been added because of the need for the court to hear cases of those "being held in Mexico." The Lutheran church's representative, who we met during Lent, said that sitting in the court room they heard several other cases and ours seemed to be the best organized and presented.

Next on the agenda is trying to get work permits for the teenagers. Currently no one in the family is allowed to work so they are totally dependent on the charity of others. Having their own income, no matter how modest, would be a good step forward.

Additionally, the Lutheran church, who is in a partnership with 2 other local congregations calling themselves Neighbors Together Coordinating Group, will be applying for a grant from the San Diego Women's Foundation. The Foundation has established a fund to help non-profits who are helping asylum seekers. The Coordinating Group is looking forward to a time when the family will be moving into their own housing and this grant would be a great help. The minimum grant is \$25,000.

If you want any more information about this, contact Church Council members Susan White (auntsuewhite@gmail.com) or Marjorie Wahlsten (californiatourist49@gmail.com).

## Let Your Voice Be Heard!

Choir! Choir! Choir! (led by Canadian artists Daveed Goldman and Nobu Adilman) forms impromptu choirs of strangers to learn songs and perform a concert together.

In this participatory event, singers of all levels will unite on both sides of the US-Mexico border to sing with Choir! Choir! Choir! and celebrate the unique friendship, culture, and community we share in the border region of San Diego and Tijuana. There are few places on earth so scenic where you can gather people from two countries at once to create beautiful music together and share in how special it is to be in this particular place in the world. While we will be divided by the physical border, music knows no boundaries and our voices together will transcend barriers.

Holding events all over North America, Choir!Choir!Choir! has performed in holes, on hills, and on big stages at Carnegie Hall, Radio City Music Hall, Joe's Pub, Art Gallery of Ontario, Parliament Hill in Ottawa, and many more. And they've been by visited by guest singers such as David Byrne, Patti Smith, Rufus Wainwright, Rick Astley, and Tegan and Sara. Choir! Choir! Choir! exists to celebrate music and push the boundaries between practice and performance, artist and audience, offering therapeutic benefits with the ultimate side effect: a powerful community.

Registration is required. To register, go to:

<https://www.eventbrite.com/e/choir-choir-choir-with-artpower-at-uc-san-diego-registration-64179261900>



### Date & Time

Sunday, October 13, 2019  
3:00 PM – 4:30 PM PDT

### Location

Border Field State Park  
1500 Monument Road  
San Diego, California 92154

## Back to Sunday School September 8!

Looking forward to seeing all children ages 5 and up on Sunday September 8 at 11:00 a.m.!

AND TO ALL ADULTS, get to know our little people! Sunday School assistants are once again needed and warmly welcomed. There is a rotating list, and you would probably be scheduled once every couple of months. Sunday School begins at 11:00 a.m., and then all rejoin the congregation at Passing of the Peace.

If you feel called to serve in this way, please contact the church office or Martha Radatz (619-575-2845 or [m28rz@icloud.com](mailto:m28rz@icloud.com)).



## TACO Corner



“Time to wake up sir, you can’t stay here!”

Words from the Downtown Partnership patrol begin your day (they all run together) at roughly 6:00 a.m. You gather your backpack (if you’re lucky), and dirty blanket (if you’re really lucky), and begin your search.

You search for a restroom... Perhaps Ralph’s or Starbucks—Jake is nice about letting you in.

You search for food... Perhaps a handout from the lady at the deli counter at Ralph’s (probably not). Perhaps some money from a stranger (they usually don’t notice you’re there). Perhaps the trash.

You search for safety... A great deal of drugs and theft on the streets of Downtown. Perhaps the library with the bad memories of a friend who ended his life there. Computers and books beckon, and provide a distraction from the constant loneliness, and boredom.

You search for a shower... only two Downtown, not worth the fight today.

You search and you search.

For the guests of TACO this is a daily reality, and the stories can be heart-breaking. Your donations and your time truly DO make a difference, and we all thank you.

The heat takes a toll on us all, especially those who are underserved, and summer clothing helps a lot.

**If you are inclined, TACO could use donations of:**

Shorts

T-shirts

White athletic socks

Blessings,  
Brad Young, TACO Volunteer Coordinator  
byoung@tacod.org

## Stewardship

It's hard to believe, but it is that time of the year for the Council to begin working on the 2020 budget. Over the next few weeks your fellow church members will ask for your pledge, offering their stories of support for First Lutheran Church.

Your pledge, like your vote this November, matters.

Our congregation has remained strong in its mission and ready for the future. We’ve celebrated baptisms, memorials, had a Christmas Pageant, a Lenten devotional, supported an immigrating family, continued support for TACO, sponsored a Fair-Trade Fair, maintained 2 services/week, participated in the LGBT Pride march, and let’s not forget our call committee’s work.

We now have a new Pastor, so let's start the new chapter of the First Lutheran story with a spirit of optimism. Whether you presently pledge 1% or 10% we ask that you prayerfully consider an increase to this year’s pledge, be it a 0.1% or 5% increase, or perhaps this is a start for you. First Lutheran Church will continue to remain strong in God’s work but only with your help.

## September Birthdays

2: Dan Altenburg	8: Meg Davis	14: David Pohl	24: Gary Spears
3: John Tozer	9: Carol Schultz	16: Jim Lewis	24: Mark Stuart
4: Katie Jensen	9: Jennifer Siverts	18: Colleen Howard	27: Michael Pannasch
5: Rich Ajer	10: Karen Boyd	19: Richard Phillips	28: Owonda Epiphany
5: Susan White	12: Karen Kearns	24: Jacob Alli	29: Douglas Diepholz
7: Andrew Sheldon	13: John Hoff	24: Marlene Garich	



## A Sanctuary Church Body: What Does this Mean?

*The alien who resides with you shall be to you as the citizen among you; you shall love the alien as yourself, for you were aliens in the land of Egypt: I am the Lord your God. - Leviticus 19:34*

*Now after they had left, an angel of the Lord appeared to Joseph in a dream and said, "Get up, take the child and his mother, and flee to Egypt, and remain there until I tell you; for Herod is about the search for the child, to destroy him." Then Joseph got up, took the child and his mother by night, and went to Egypt, and remained there until the death of Herod. - Matthew 2:13-15a*

At the recent 2019 ELCA Churchwide Assembly, a memorial that was amended to include language naming the ELCA a "sanctuary church body" was passed. What does this mean for our denomination and for the congregations of the Pacifica Synod?

First, let me tell you what it does NOT mean. It does not call for any congregation to do anything illegal. It does not call for congregations that do not wish to do so to house or shelter immigrants.

It does call for our congregations to work for conditions that will enable immigrants to be safe, particularly as they legally apply for entry into the United States. We have seen the effects of family separations on news programs, and have read reports about unsanitary conditions in holding "camps" where immigrants who are legally applying for asylum are housed. Our church is asking us to remember that Jesus was an asylum seeker as a child, emigrating from Israel to Egypt with his parents who feared he would be killed by King Herod. We are asked to remember that, over and over again in the Old Testament, we are called to love the alien, and in the New Testament, Jesus calls us to love God by loving our neighbor. We are called to love immigrants by doing what we can to advocate for their safety and security.

The ELCA is also concerned about the safety of immigrants who are denied asylum. We and our ecumenical partners work in their countries of origin so that those who are deported can find safety and employment opportunities when they are returned. Those in Honduras who have utilized these services have a high (88-95%) rate of staying at home rather than seeking to return to the U.S.

Finally, I urge us all to pray not only for immigrants, but also for Border Patrol Agents, Homeland Security workers, immigration attorneys, and immigration court judges. We are called to love all of our neighbors, and while our country is divided on many issues related to immigration, the just treatment of immigrants that secures their safety is often in the hands of those who work in the system, some of whom are ELCA members. We pray for them, that they may do what is just and provide safety to the most vulnerable in our immigration system.

May God help us to do as God commands, to love God and love our neighbor. God bless you and your congregation as you consider how to love the alien in your midst.

Yours in Christ,

Bishop Andy Taylor  
Pacifica Synod, ELCA



### Wine into Water

*From Clare Truong of Thrivent Financial:*

Hi Hannah,

Thanks for your help with the Wine into Water! We had a great turnout (with lots of representation from your church!) and I'm happy to report back we raised over \$3,500 for Border Angels!!! Please share out with the congregation.

Thank you for everything. I would love to come visit again in January. Please let me know if there are events happening before then that Thrivent can help with.

~Clare

### LWR School Kits Update

Wow, what a great response from our members! While we don't have a final count, it looks like we are closing in on 150 kits.

Between services on September 8, Sunday School children will be assembling some of the kits as part of start of the new Sunday School year.

A very big thank you to all who participated in this very special project!



## ELCA/Pacifica Synod Coach Training Opportunity

by Carol J. Schultz, CoachNet Certified Coach

### Coaching: Is It For You?

Does either description fit you?

- You're interested in developing your coaching skills in order to encourage others to live into their God-given vision.
- You're working with those who want to move beyond stuck points to create new ways to accomplish God's purposes.

If so, Pacifica Synod is sponsoring a valuable learning opportunity for you!

### What is Coaching?

A formal definition says, "Coaching is an intentional relationship in which a trained coach uses powerful questions, strategic listening and accountability to uncover and utilize your strengths and insights to accomplish your goals."

Or you could think of coaching as the reason this skier has the confidence to soar off the jump.

### How Do I Know?

Early in 2018, I had an opportunity to participate in a two-day CoachLaunch training in the Northern Texas-Northern Louisiana Synod. The ELCA joins with CoachNet Global to train clergy and lay persons to coach church leaders. The CoachLaunch learning experience was hands-on and incredible. I became certified and currently am coaching three clients in other synods. Sharing their journeys is amazing!

### Here's Your Chance!

Now Pacifica Synod is sponsoring the same two-day CoachLaunch training much closer to home. Jill Beverlin was my trainer and will be here as well; she's one of the best trainers I've met. Here are some details.

Sept. 26-27, 2019 (Thursday and Friday)

Pacifica Synod

1801 Park Court Place Bldg. C, Santa Ana, CA

Tuition is \$250. The Synod has funds for scholarships. Contact Rev. Tom Goellrich at the Pacifica Synod office at [tomgoellrich@pacificasynod.org](mailto:tomgoellrich@pacificasynod.org).

Registration information and additional details are available on the Pacifica Synod website at <http://www.pacificasynod.org/news-events/elca-coach-launch/>.



## Help Feed the Hungry on GoFundMe for Project Hand Chula Vista/San Diego

Lutheran Social Services Southern California is initiating a GoFundMe Campaign to raise funds for Project Hand, our pantry located on the campus of St. Mark's Lutheran Church in Chula Vista.

LSS started immediately after the end of World War II, and those first years were focused on getting groceries to returning Veterans and their loved ones. As such, Project Hand has been serving the greater San Diego area for over 70 years.

We are currently engaged in a funding effort to raise \$50,000 for the purpose of keeping this pantry open and filled with food. We have operated on a deficit for generations, and thus need everyone's help to make contact with as many people and organizations as possible.

To help, go to <https://www.gofundme.com/project-hand>

## Lutheran Disaster Response

You may donate to Lutheran Disaster Relief through their website,

[https://www.elca.org/Our-Work/Relief-and-](https://www.elca.org/Our-Work/Relief-and-Development/Lutheran-Disaster-Response)

[Development/Lutheran-Disaster-Response](https://www.elca.org/Our-Work/Relief-and-Development/Lutheran-Disaster-Response), or you may give to the church and note that it is for Lutheran Disaster Relief, and the specific event, if desired (i.e. Tornadoes, flooding, etc.)



## First Lutheran Worship Assistants – September & October

### ALTAR GUILD

**SEPTEMBER**

**9:00 a.m. Service**

*Altar Guild*

**11:00 a.m. Service**

*Ladonna Piper*

**OCTOBER**

**9:00 a.m. Service**

*Marjorie Wahlsten*

**11:00 a.m. Service**

*Melinda Person*

### USHERS

**SEPTEMBER**

**9:00 a.m. Service**

*John Hoff & Susan White*

**11:00 a.m. Service**

*Melinda Person &  
Marty Topp*

**OCTOBER**

**9:00 a.m. Service**

*Merv Rettenmund &  
Kem Taylor*

**11:00 a.m. Service**

*Anke Hartung &  
Ladonna Piper*

Date	Time	Assisting Minister	Lector	Greeters	Nursery Attendants	Flowers
September 1	9:00 11:00	Chuck Leib Paul Finneseth	Kem Taylor Joe Slevcove	Frank DeLouise & Chuck Leib Slevcoves	Kathryn Kanaan Joe DeMers	Paul Finneseth
September 8	9:00 11:00	Frank Jessie Beth Slevcove	Hanieh Kohan Khaki Jim Lovell	Hanieh Kohan Khaki Marlene Garich	_____ Hannah DeMers	_____
September 15	9:00 11:00	Jeremy Kaercher Beth Slevcove	Frank Jessie Matthew Eckert	Loren Harrell Shelly Schreiber	Kem Taylor Paul Engel	_____
September 22	9:00 11:00	Nate Pratt Frank Jessie	Jeremy Kaercher Elizabeth Connolly	Dick & Mary Krueger Melinda Person	Dick Krueger Kathryn Kanaan	_____
September 29	9:00 11:00	Jan Neuhaus Paul Finneseth	Dennis Arenas Frank Jessie	Kem Taylor Elizabeth Connolly	Mary Krueger Hannah DeMers	Frank Jessie
October 6	9:00 11:00	Kathryn Kanaan Mary Ann Horton	_____ Joe Slevcove	John Hoff Slevcoves	_____ Joe DeMers	Marjorie Wahlsten
October 13	9:00 11:00	Richard Phillips Beth Slevcove	T.J. Tallie Nancy Eckert	Margie Wahlsten _____	Billie Thompson Paul Engel	_____





# September 2019 Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> TWELFTH SUNDAY AFTER PENTECOST  9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality	<b>2</b> LABOR DAY (OFFICE CLOSED)  12 pm AA 12 pm AI Anon 4 pm Free Meal 5:30 pm Evening Clinics	<b>3</b>  12 pm AI Anon	<b>4</b>  9 am Acupuncture 12 pm AI Anon	<b>5</b>  12 pm AI Anon	<b>6</b>  9 am Acupuncture 9 am Bread Day 12 pm AA	<b>7</b>
<b>8</b> THIRTEENTH SUNDAY AFTER PENTECOST  9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality	<b>9</b>  12 pm AA 12 pm AI Anon 4 pm Free Meal 5:30 pm Evening Clinics	<b>10</b>  12 pm AI Anon	<b>11</b>  9 am Acupuncture 12 pm AI Anon	<b>12</b>  12 pm AI Anon 1 pm HICAP 6:30 pm TACO Board Mtg	<b>13</b>  9 am Acupuncture 9 am Bread Day 12 pm AA	<b>14</b>
<b>15</b> FOURTEENTH SUNDAY AFTER PENTECOST  9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality	<b>16</b>  12 pm AA 12 pm AI Anon 4 pm Free Meal 5:30 pm Evening Clinics	<b>17</b>  12 pm AI Anon 6:30 Church Council Mtg	<b>18</b>  9 am Acupuncture 12 pm AI Anon	<b>19</b>  12 pm AI Anon 1 pm HICAP	<b>20</b>  9 am Acupuncture 9 am Bread Day 12 pm AA	<b>21</b>
<b>22</b> FIFTEENTH SUNDAY AFTER PENTECOST  9 am Worship 10:10 Hospitality 11 am Worship 12:10 Hospitality	<b>23</b>  12 pm AA 12 pm AI Anon 4 pm Free Meal 5:30 pm Evening Clinics	<b>24</b>  12 pm AI Anon	<b>25</b>  9 am Acupuncture 12 pm AI Anon	<b>26</b>  12 pm AI Anon 1 pm HICAP	<b>27</b>  9 am Acupuncture 9 am Bread Day 12 pm AA	<b>28</b>
<b>29</b> SIXTEENTH SUNDAY AFTER PENTECOST  10 am Worship Svc for Jared 11:30 Hospitality 3 pm German Svc	<b>30</b>  12 pm AA 12 pm AI Anon 4 pm Free Meal 5:30 pm Evening Clinics					

*Monday evening clinics include acupuncture, medical, dental, and legal services.*

**The PULSEBEAT**  
 is a publication of  
 First Lutheran Church  
 Edited by Hannah DeMers

Serving Downtown San Diego Since 1888  
 1420 Third Avenue  
 San Diego, CA 92101-3193  
 (619) 234-6149  
[www.firstlutheransd.org](http://www.firstlutheransd.org)

First Lutheran Church  
 The Rev. Kurt Christenson, Pastor  
 Jared Jacobsen, Director of Music  
 Hannah DeMers, Church Administrator

First Lutheran Church  
 A *Reconciling in Christ* congregation since 1989  
 Deadline for next month's Pulsebeat is **the 15th, noon.**

The Pulsebeat  
First Lutheran Church  
1420 Third Avenue  
San Diego, CA 92101-3193

Nonprofit Org.  
U.S. Postage  
PAID  
San Diego, CA  
Permit No. 194

**Electronic Service Requested**

Third Avenue Charitable Organization  
cordially invites you to its

*2nd Annual  
No-Show  
Gala*

No Raffle Tickets  
No Babysitter  
No Tickets to Buy  
No New Outfit  
No Silent Auction  
No Event Sponsorship

Spend the night however you wish  
with the peace of mind that you  
have made a difference in the lives  
of San Diego's most vulnerable.

Don't attend on  
September 21, 2019

No Location, No Tickets

There is no event, but there is a need.  
Support TACO by returning your  
"RSVP" donation in the enclosed envelope.

Why Give?  
Third Avenue Charitable Organization (TACO) is a social outreach program and non-profit charity that serves the homeless, elderly, immigrants and working poor, primarily in downtown San Diego. Through a strong coalition of community partnerships we offer free meals, free medical, dental, legal and acupuncture clinics, free counseling and free case management services to hundreds of people each week. We also provide end-of-life services to those who are terminally ill on the streets in San Diego.

First Lutheran Church - the Heart of Christ in the Heart of the City